

1**POOLE - SHAFTESBURY**

49km

Depart Poole Ferry Terminal At T, L to @, SO(B3086)

HAMWORTHY**UPTON**At double @ 1st exit (B3067)
Over bridge, R (Randall Hill)
1st L sp**LYTCHETT MATRAVERS** (info 1: see control 2 on card)R sp *Dullar Lane*

At X(A31) SO

At X(A350) SO through

SHAPWICKOver climb and R sp Blandford
R sp**TARRANT KEYNSTON**

At X(B3082) SO

Tarrant Villages

At staggered X(A354) R & L

TARRANT HINTON**TARRANT GUNVILLE**

(info 2: see control 3 on card)

STUBHAMPTON

At X, R

MELBURY ABBASAt T(A30) L sp *Shaftesbury*

At @ 2nd exit into

SHAFTESBURYBest control on R at *John Peel Café* or other shops, cash point.
Time allowed: 3hrs 16m (49km)**route key**Place names in **UPPER CASE** are entered
(Road Number) Major Road ahead**T** ... Give way at road junction ahead @ roundabout**X** Give way at crossroad junction ahead ### ... cattle grid**L** Turn Left **R** Turn Right **SO** Straight On**3****STALBRIDGE - DORCHESTER**

61km

At X(A357), SO (PO on Right)

STOURTON CAUNDLEL (*sp broken*) to the edge of
R (Xrds) sp *Goathill*
L (no sp, house called *Lamberts*)
At T, R sp *Goathill***HAYDON**1st L sp *Goathill*
At T, L sp
pass gate to *Sherborne Park*, R
At T(A3030) R
At T(A352) L and 1st R sp**BEER HACKETT**

At T, L sp

YETMINSTER

R sp

RHYME INTRINSICA

At T, R

At T(A37) L next R sp *East Coker*At T, L to pass the reservoir
(info 4: see control 7 on card)**HALSTOCK****CORSCOMBE**L by Pub sp *Benville*.

Next L to T, L into

At Bridge R sp

BENVILLE**RAMPISHAM****MAIDEN NEWTON**

At T, R. At T(A356) L

FRAMPTONAt T(A37) R sp *Dorchester***GRIMSTONE**

At @ L sp

DORCHESTER

At @ R and R into car park

Usual control at car park café (others in town if you prefer)
Time allowed: 4hrs 4m (158km)**Riders must ensure that a verifiable
Date & Time (e.g. cash point/ till receipt)
are obtained at each stage end control.****2****SHAFTESBURY - STALBRIDGE**

48km

Continue and take 3rd L sp *Motcombe*

At T(B3081) L & 1st R sp

MOTCOMBE

At top of rise L sp

MERE

At T(B3095) L and join B3092

L sp *Alfreds Tower*L sp *Alfreds Tower***BREWAM**

At T, L (info 3: see control 5 on card)

Next L

At T, L sp

CHARLTON**MUSGROVE**

At T (B3081) L

At T, L & Next R (under A303)

At T, R sp *Gillingham*R sp *Cucklington*

AT X(A30), SO

FIFEHEAD**MAGDALEN STALBRIDGE**

Pass entrance to trading estate & L

Control:

immediately available at X(A357) Post Office and *The Crown*

Time allowed: 3hrs 12 m (97km)

**To find your way:
Landranger maps
183 - 184 - 194 - 195
or Routemasters 8 & 9
Caught out after dark?
Carry lights to see by****4****DORCHESTER - POOLE**

45km

From café return to @ SO through town.

TINCLETONContinue to @, SO sp *Stinsford*R(Xrds) sp *Woodsford*

At T, L

At X(B3390) SO sp

MORETON**WOOL**

At T(A352) R, over train X & L

L sp *Bindon Abbey*

At X(B3070) SO

At T, L sp *Stoborough*

At T(A351) L next R sp

STOBOROUGH**WAREHAM**

At T(B3075) L

At X(TRAFFIC LIGHTS) SO

At @, R (A351) sp *Poole*At @, R (A351) sp *Poole***SANDFORD**At @, SO (A351) sp *Poole*At @, SO (A351) sp *Poole*

At traffic lights SO

At @, 1st exit

At *Bakers Arms* @ SO sp**LYTCHETT MINSTER****UPTON**

At double mini @ R (B3068)

HAMWORTHY

and return to Poole Ferry Terminal

If closed use what you can find

Time allowed: 3hrs (203km)

Milo Reading at Start		
Shaftesbury (49k/ 31m)		
Stalbridge (48k/ 30m)		
Dorchester (61k/ 37m)		
Poole (45k/ 28m)		
Total milage ridden		

Audax UK Event Entry Form

To the Event Organiser: This form has been downloaded from Audax UK's official website, and is an approved update to the version published in the 2004 AUK Handbook.

2005 Entry Form for Permanent Events held under **AUDAX UK** Regulations

Name of Event Dorset Delight Fee: £ 2.50

From Poole Dist 200km Date / /08 Time

AUK Membership No. (enter your number in full, or see INSURANCE COVER below)

Date of birth if under 18 years (the PARENTAL CONSENT section must be completed)

Forename Surname

Address

 P'code

Tel email

CTC DA (if any)

INSURANCE COVER

I am a current AUK Member, or otherwise I have Third-Party insurance via my relevant CTC or BC Membership. My CTC/BC No. is:

OR: I Apply for Temporary Insurance Cover for the Event above

I understand that this entitles me to Cover under the AUK Public Liability Policy to the closing time of the event or until I finish within time or I abandon the ride, whichever is soonest.

I enclose £1.00 temporary insurance fee. (please tick)

PARENTAL CONSENT

This is required for entrants under 18 years of age. Parents should read and take note of the information given to the right. They should also be aware that this is an individual ride and there are no leaders.

I am the Parent/Guardian of the Entrant, have read and understood the Entry Information to the right, and give my consent to this Entry:

Signed (Parent/Guardian) Date

This is an Event for experienced cyclists who will be aware of the following procedures:

- + Whenever possible, familiarisation with the route before the event. Ensuring competence and fitness to complete the course, roadworthiness of the machine and possession of adequate cycle-repair equipment, spares and skills.
- + During the event, riding safely, according to the rules of the road and personal capabilities and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.
- + Personally deciding not to continue if unwell or too tired.
- + As with any journey on public roads being aware of and allowing for highway design and maintenance, other users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris and obstructions of all kinds and poor or non-existent lighting on night sections.
- + As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions; preparing the machine (and rider) and carrying spares and tools - and knowing how to use them.
- + In the event of bad weather, making a personal decision over starting or continuing; also to being equipped to deal with bad conditions.
- + Making private arrangements if back-up or rescue facilities are wanted, although if this is the case undertaking this ride at all should be reconsidered.
- + Being adequately rested before travelling home after finishing.

As with all Audax UK rides you are on a private excursion on the public highway, so ensure that you are fully capable and self-sufficient.

Please read the following carefully:

I, the undersigned, have read, understood and accept the above and agree fully to abide by Audax UK Regulations for this ride.

Signed (Entrant) Date

Signed (Parent/Guardian) Date

Name (Parent/Guardian, please print)

Rider's next of kin (Name & Tel.)

Please check enclosures:-

1. the whole form with all relevant sections filled in:
2. cheque payable to **Shawn Shaw**: (Entry Fees etc. are not refundable)
3. two C5 (approx. 23x16 cm) stamped addressed envelopes

Please give the Organiser as much notice as possible if you are unable to ride the event. Ensure that all relevant places have been signed by the correct people, please.