

THE DORSET COAST 200KM AUDAX - SUNDAY 11 APRIL 2010

Start: from **0745** HOURS at **PARISH HALL, WAREHAM QUAY** – Grid Ref: **SY925872**

The Parish Hall is situated off Wareham Quay (from North, through town & on left before bridge). There is no parking at the Quay, but there is free parking at Purbeck School by the roundabout to the west of town.

OS Maps 193, 194 & 195 cover the route. You actually cycle to places in capitals and underlined (although they may be stated in small letters when given as signpost information). Crossroads and other junctions where you have right of way are not usually mentioned. Items in italics are additional bits of information which may help you to find the route or establish that you are where you should be. Details of the controls are given below:

<u>Place and Distance</u>	<u>Opening Times</u>	<u>Type</u>	<u>Information</u>
Start – Parish Hall Wareham Quay GR: SY925872	from 0700 Start from 0745	Hall	Please park in Public Carparks situated near the start. There will be access to toilets at the Hall - where you collect your card before starting – and refreshments will be available. Your lunch is included in the entry fee and tickets will be with your brevet card.
Sandbanks Ferry (27km) SZ037871	0839 - 0933	Sticker	Collect your Sticker as proof of arriving at the Ferry. You will be given a ferry ticket also. Toilets and shop available before you board the ferry.
Weymouth (78km) SY680790	1023 – 13.01	Café	Complimentary tea or coffee included. Selection of cakes & other snacks available. Room in basement reserved for riders. Toilets upstairs. Staff may be busy - please be patient - we want to return!
Axminster (134km) SY302985	1215 - 1645	School	Light lunch included in your entry fee – but please carry emergency rations or use the shops in Chideock – you might need food before Axminster.
Dorchester (183km) SY688907	1353 - 2001	Café	Excellent cyclists Café. Loos in car park.
Finish – Wareham Quay (207km) SY925872	1439 - 2115	Hall	Finish at Parish Hall. Hot Refreshments available, and don't forget to buy your SPECIAL COAST MEDAL. (AUK finish time 2145, BRM finish time 21.15)

THE DORSET COAST ROUTE

Route Sheet Abbreviations: R: Turn Right; L: Turn Left; SO: Straight On RBT: Roundabout; T: T junction; Xrds: Crossroads; Lights: Traffic Lights; sp: Sign Post;

① **THE FERRY DASH** **27km**
 R out of Wareham Quay carpark
SO at lights
SO at Rbt (2ND exit) towards Poole (A351) and continue on A351 over several Roundabouts & one set of lights
SO Rbt (*Bakers Arms*) sp **LYTCHETT MINSTER**
 Through Lytchett Minster on B3067 to **UPTON**.
R at double RBT on B3068 to **HAMWORTHY**.
L at mini RBT sp **[POOLE]** Town Centre & over Poole Lifting Bridge. Get in RH Lane
R & immediate **L** sp Town Centre.
SO Flyover (over railway) (16km)
2nd exit RBT [sp Bournemouth]
 Get in RH Lane
R & immediately **L** sp **SANDBANKS**.
SO Roundabout
 At Civic Centre Gyratory follow "Sandcastle" Lanes B3369 and continue to **Checkpoint** at **Sandbanks Ferry** – Grid Ref: SZ037871
Opens 08:39 Closes 09:33 (Total: 24km)

② **PURBECKS TO THE BEACH** **52km**
 From ferry continue on B3351 through **STUDLAND** to **CORFE CASTLE**.
R at **T** (A351) & immediately **L** (*by Castle*) to **CHURCH KNOWLE**. Continue on this road for a further 4.5km (*up Steeple Hill*).
 At top **L** past military checkpoint.
L at **T**. **L** at **T** (at **EAST LULWORTH**) (53km)
L at **T** to **WEST LULWORTH** (*descend*)
R at War Memorial (*look out or you'll miss it*).
R at **T** (Climb to *Daggers Gate*) continue to
L at **T** onto A352 (60km)
SO RBT TO **BROADMAYNE**
L (xrds by Garage) sp Preston (Chalky Rd)
L at top of hill, sp Preston/WEYMOUTH
L at **T** and shortly **R** at RBT to **WEYMOUTH**.
SO mini-rbt at Clock Tower. Continue to **Control** at **Criterion Café** on **R** just beyond KingsStatue. **(Park bikes by railings on Prom)**
Grid Ref: SY680790
Opens 10:23 Closes 13:01 (Total: 76km)

"Ride according to the rules of the road, within your limits, and enjoy the scenery"

③ ROLLERCOASTER TO DEVON (56km)

L from control and retrace to Clock Tower.

L at the mini rbt (*by clock tower*).

3rd exit RBT (*sp Radipole Lake*) – use cycleway

L at T (*no sp*). Descend over road bridge and river bridge then just before road rises:

R (*no sp*) onto Causeway Rd

R at T (*sp still missing*) to **NOTTINGTON**

SO at junction in village, *sp Abbotsbury*

R at T sp Bridport on B3157

Next L sp **RODDEN**

1st R sp Abbotsbury Swannery

Continue to **ABBOTSBURY SWANNERY** and **ABBOTSBURY**

L at T and continue to climb Abbotsbury Hill on B3157.

(A glance back should give good views of Chesil Beach).

Continue through **SWYRE** and

BURTON BRADSTOCK to **BRIDPORT (111km)**

3RD exit RBT to **BRIDPORT** Town Centre

L at lights sp Leisure Centre (by Palmers Brewery)

Continue across bridge over A35 then

2nd L sp Higher Eype

L at T onto A35 no sp. **Beware fast traffic from R**

Descend to **CHIDEOCK** (*watch your speed... or just smile!*) Make use of the shops – no more till Axminster.

R by church sp North Chideock (*sp may be missing*)

L sp Morecombelake

R at T sp Ryall

Continue to **WHITCHURCH CANONICORUM**

Just past National School (122km)

R at Xrds sp **WOOTON FITZPAINE**

R in Wooton Fitzpaine sp Monkton Wyld

L sp Monkton Wyld

R at T and Immediately (just a couple of metres!)

L at T (B3165) Cycle Route Sign Axminster. Shortly

2nd R Cooks Lane

R at T no sp (B3261/3264) Down hill,

2nd R into **Stoney Lane** (*after Lamb Inn/20 Signs*)

and R into **CONTROL** at

Axminster County Primary School

Grid Ref: SY302985

Opens 12:15 Closes 16:45 (132km)

④ THE ROMAN RETREAT (49km)

L from school. L at T sp Dorchester on B3261

1st L into Sector Lane up hill....!

L at T sp Crewkerne B3165

R in **MARSHWOOD** sp **BROADOAK** (*by church after Bottle Inn PH*)

R at T (actually SO) to **SHAVES CROSS**

Continue on this road to

SO Xrds with B3162 (**DOTTERY**) (152km)

SO staggered Xrds (R&L) at A3066 sp Loders

1st R (after 2 cul de sacs) sp Bradpole to **LODERS.**

Continue through **UPLODERS** past Spyway Inn and at top of hill (*just past triangulation point*) (163km)

R (xrds) sp Dorchester and along the Roman Road

SO at junction sp Dorchester and continue to

R at Xrds sp Winterbourne Abbas.

R at T (A35) then very shortly

L and L into **WINTERBOURNE STEEPLETON**

Continue on this road to **MARTINSTOWN.**

L at end of village sp Dorchester (B3150)

3rd exit at RBT on B3150 **DORCHESTER**

SO 4 RBT's, (or more if they keep building!)

thru' lights, pass "The Keep" then

L into "Top o' Town" Car Park just before RBT for Dorchester **CONTROL** at

Top O' Town Cafe in Car Park

Grid Ref: SY688907

Opens 13:53 Closes 20:01 (183km)

⑥ THE HOME STRAIGHT (24km)

L from Car Park onto B3150 (exit opp. Café)

SO RBT down through Town eastwards

SO RBT (crossing bypass A35T)

Through **STINSFORD** and **TINCLETON**

SO Xrds (B3390) (*sp Wareham*) (193km)

R at T and immediately

L (*sp Wareham*) (199km)

L at T (*sp Wareham*)

SO at Rbt into **WAREHAM**

R at lights

L into **Wareham Quay** to **FINISH** at the Parish Hall HQ – please secure your bike. Grid Ref: 925871

Opens 14:39 Closes 21:15 (Total 207km)

Hope you enjoyed your coastal ride

"Ride according to the rules of the road, within your limits, and enjoy the scenery"